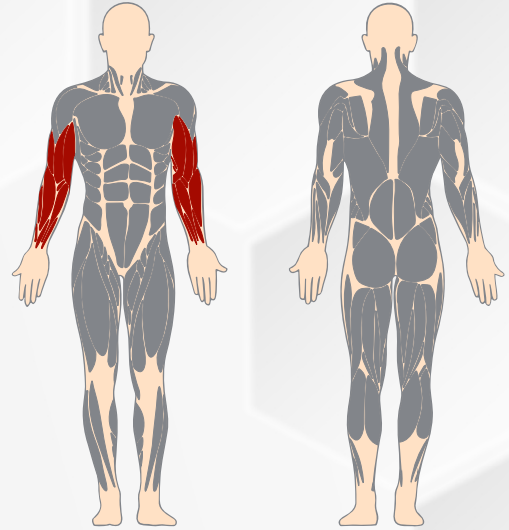


BICEPS



MUSCLES TRAINED

BICEPS / FOREARMS

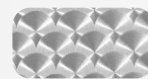


A **IVE Biceps** device develops biceps and forearms muscles.

IVE are recreational devices for outdoor training for every age group and every user level – from teenagers, through adults and seniors, to professionals.

IVE devices have an innovative solution of load regulation, thanks to which adjusting the weight to your training capabilities is extremely simple, fast, and safe.

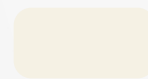
COLORS



ENGINE TURNING
STAINLESS STEEL



BRUSHED FINISH
STAINLESS STEEL



RAL 9010
PURE WHITE



RAL 9005
JET BLACK



RAL 1023
TRAFFIC YELLOW



RAL 2004
PURE ORANGE



RAL 3020
TRAFFIC RED



RAL 4007
PURPLE VIOLET



RAL 5003
SAPPHIRE BLUE



RAL 5012
LIGHT BLUE



RAL 6018
YELLOW GREEN



RAL 7016
ANTHRACITE GREY

**TRAINING SEE
SCAN THE QR CODE**



SPECIFICATION

Length	174 cm
Width	67 cm
Height	102 cm
User height	+140 cm
User age	+ 14 years
Safety area	17,39 m ²
Material	Stainless Steel
Standard	EN 16630:2015-06E
Certificate	CE / EU Declaration of Conformity
Weight adjustment	5 kg - 60 kg (x 5 kg)

**A device for biceps training which develops
biceps and forearm muscles.**

1. Made entirely of stainless steel.
2. Load adjustment by moving the discs along pipes arranged perpendicularly and centrally in the axis of the exercising person.
3. Adjustable load from 5 kg to 60 kg with a difference of 5 kg.
4. Discs are protected against theft by the use of anti-theft screws, which require special tools to be removed.
5. The movement of the device is based on the mechanism of two stainless steel bearings.
6. Instruction plates made of 3 mm thick dibond, printed in UV technology, laminated with polyurethane.
7. Handles enabling the device to be gripped in three positions.
8. Dimensions: length 174 cm / width 67 cm / height 102 cm.
9. Accuracy class: A – high accuracy.
10. Class of use: S – for professional or commercial use.