

CHIN UP - DIP - FLYING PULL-UP



A **IVE Chin Up - Dip - Flying Pull-Up** stations develops chest, back, shoulders, biceps, triceps and forearms muscles.

IVE are recreational stations for outdoor training for every age group and every user level - from teenagers, through adults and seniors, to professionals.

**TRAINING SEE
SCAN THE QR CODE**

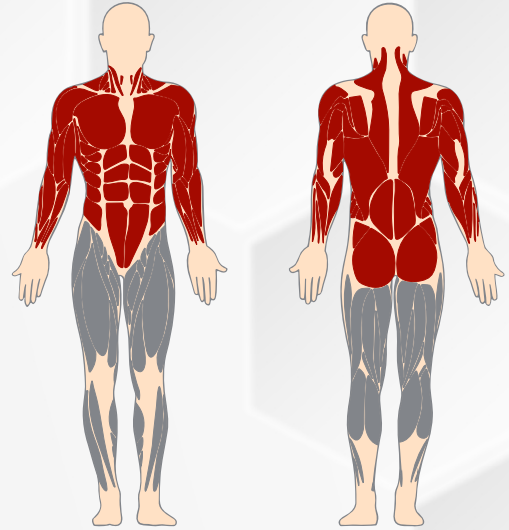


SPECIFICATION

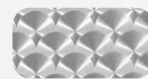
| | |
|-------------|-----------------------------------|
| Length | 123 cm |
| Width | 152 cm |
| Height | 231 cm |
| User height | +140 cm |
| User age | + 14 years |
| Safety area | 19,12 m ² |
| Material | Stainless Steel |
| Standard | EN 16630:2015-06E |
| Certificate | CE / EU Declaration of Conformity |

MUSCLES TRAINED

ABDOMINALS / OBLIQUES / TRICEPS / GLUTES
BACK / CHEST / SHOULDERS / FOREARMS



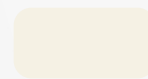
COLORS



ENGINE TURNING
STAINLESS STEEL



BRUSHED FINISH
STAINLESS STEEL



RAL 9010
PURE WHITE



RAL 9005
JET BLACK



RAL 1023
TRAFFIC YELLOW



RAL 2004
PURE ORANGE



RAL 3020
TRAFFIC RED



RAL 4007
PURPLE VIOLET



RAL 5003
SAPPHIRE BLUE



RAL 5012
LIGHT BLUE



RAL 6018
YELLOW GREEN



RAL 7016
ANTHRACITE GREY

A device for Chin Up - Dip - Flying Pull-Up training which develops chest, back, shoulders, biceps, triceps, and forearms muscles.

1. Made entirely of stainless steel.
2. Instruction plates made of 3 mm thick dibond, printed in UV technology, laminated with polyurethane.
3. Dimensions: length 123 cm / width 152 cm / height 231 cm.
4. Accuracy class: A - high accuracy.
5. Class of use: S - for professional or commercial use.