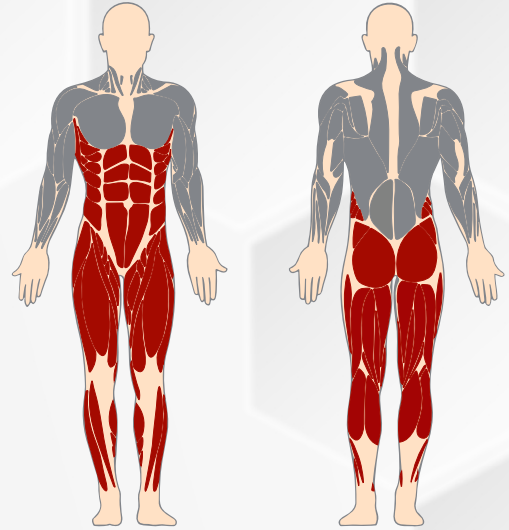


## SQUAT



## MUSCLES TRAINED

QUADS / GLUTES / HIPS / CALVES / BACK

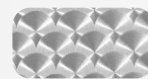


A **IVE Squat** device develops quads, glutes, hips, calves and back muscles.

IVE are recreational devices for outdoor training for every age group and every user level – from teenagers, through adults and seniors, to professionals.

IVE devices have an innovative solution of load regulation, thanks to which adjusting the weight to your training capabilities is extremely simple, fast, and safe.

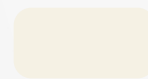
## COLORS



ENGINE TURNING  
STAINLESS STEEL



BRUSHED FINISH  
STAINLESS STEEL



RAL 9010  
PURE WHITE



RAL 9005  
JET BLACK



RAL 1023  
TRAFFIC YELLOW



RAL 2004  
PURE ORANGE



RAL 3020  
TRAFFIC RED



RAL 4007  
PURPLE VIOLET



RAL 5003  
SAPPHIRE BLUE



RAL 5012  
LIGHT BLUE



RAL 6018  
YELLOW GREEN



RAL 7016  
ANTHRACITE GREY

**TRAINING SEE  
SCAN THE QR CODE**



## SPECIFICATION

Length	199 cm
Width	98 cm
Height	150 cm
User height	+140 cm
User age	+ 14 years
Safety area	19,86 m <sup>2</sup>
Material	Stainless Steel
Standard	EN 16630:2015-06E
Certificate	CE / EU Declaration of Conformity
Weight adjustment	5 kg – 120 kg (x 5 kg)

**A device for squat training which develops  
quads, glutes, hips, calves and back muscles.**

- Made entirely of stainless steel.
- Load adjustment by moving the discs along pipes arranged perpendicularly and centrally in the axis of the exercising person.
- Adjustable load from 5 kg to 120 kg with a difference of 5 kg.
- Discs are protected against theft by the use of anti-theft screws, which require special tools to be removed.
- The movement of the device is based on the mechanism of two stainless steel bearings.
- Instruction plates made of 3 mm thick dibond, printed in UV technology, laminated with polyurethane.
- Possibility to set the starting position at 5 different heights.
- Dimensions: length 199 cm / width 98 cm / height 150 cm.
- Accuracy class: A – high accuracy.
- Class of use: S – for professional or commercial use.